

**6th Grade**  
**GCS- Family Life/ Reproductive Health and Safety Education Curriculum Outline**

Theme	Objectives	Teaching/Learning Activities	Teaching Methodology	Source	
<b>Day 1</b>	Communication Skills	6.ICR.1.1, 6.ICR.1.2, 6.ICR.1.3, 6.ICR.2.3, 6.ICR.2.5, 6.ICR.2.6	Pre-Test "Are You Assertive?" Passive/Aggressive/Assertive Behavior Passive, Aggressive, or Assertive? * I Messages * "Communication Do's and Don'ts" * How to be a Good Friend * My Best Friend * "AS, P, AG" Passive, Aggressive, Assertive Responses * Friendship Soup * BrainPOP: Conflict Resolution * BrainPOP: Bullying	Pre-Test Class Activity Class Discussion w/ PowerPoint Worksheet and Review notes Worksheet Activity Handout Student Worksheet Worksheet Video Clip Video Clip Video Clip	Appendix G (RC-45) Appendix I (RC-46) STMSH 8.ICR.1.4 Appendix K
<b>Day 2</b>	Puberty	6.ICR.3.1	Puberty Walk Changes During Puberty in Boys/Girls Wonders of Adolescence- Changes During Puberty * I'm a 6th grader: They tell me I'm going through Puberty * BrainPOP: Hygiene * BrainPOP: Adolescence * BrainPOP: Puberty * BrainPOP: Menstrual Cycle	Activity Class Discussion w/ Transparency Worksheet Handout/Discussion Video Clip Video Clip Video Clip Video Clip	Appendix I, STMS 6th Blue Book (Holt DFH)
<b>Day 3</b>	Male/Female Reproductive Systems & Menstrual Cycle	6.ICR.3.1, 6.ICR.3.2	Male Reproductive System Female Reproductive System Fertility and the Menstrual Cycle Wonders of Adolescence- Changes During Puberty * Sporting Abstinence * A Family Homework Exercise: Puberty (Extra Credit) * Post- Test	Transparency Transparency PowerPoint Worksheet Worksheet Worksheet/ Homework Written Test	Red Book (Holt DFH) Red Book (Holt DFH) adapted fr. STMSH 7:RB Lesson 1(MH)

\* Optional Activities